

Gluten Free Lunch Menu

STARTERS

Grilled Mediterranean prawns with sweet chilli, lime & coriander - £9

Charcuterie board of cured meats, grilled vegetables, parmesan cheese and fresh basil - £8.75

Salt & pepper squid with grilled chorizo, spring onions, sweet chillies & oriental coleslaw - £6.50

Pigeon breast with brie, pickled carrot, spinach and madeira jus - £7.50

Smoked salmon parfait with mango relish, herb aioli, gluten free bread - £7.50

LIGHT LUNCH

Winter greens risotto with crispy bacon and kale - £7/£12

Chopped egg, salad cream & watercress sandwich, skinny fries - £7

Grilled halloumi sandwich with sundried tomato pesto, Mediterranean vegetables, rocket salad and skinny fries - £7.50

Chicken ceasar salad – chicken, cos lettuce, anchovies, ceasar dressing and parmesan - £8.50

Prawn ceasar salad – prawns, cos lettuce, anchovies, ceasar dressing and parmesan - £8.50

Roast beef, pea and horseradish cream salad with a tarragon dressing - £8.50

LIGHT LUNCH

Skinny fries - £2.75

Hand cut chips - £2.75

Dauphinoise potatoes - £4.50

Muse salad - £3

Panache of mange tout, sugar snap peas and garden peas - £2.75

Braised red cabbage - £2.75

Carrot and swede crush - £2.75

STEAKS

8oz - 28 day aged Shorthorn fillet steak, rocket salad and hand cut chips - £28

poivre sauce £2 or béarnaise sauce £2 supplement

10oz - 35 day aged Hereford sirloin steak, rocket salad and hand cut chips - £23

poivre sauce £2 or béarnaise sauce £2 supplement

MAIN COURSE SPECIALS

Braised lamb shank with olive oil mashed potato, roasted heritage carrots, spinach and sherry jus £18

Roasted cod with clam, parsley & garlic risotto, hake rissoles and winter squash ketchup £17

Marinated pork T-bone steak with apple relish, buttered cabbage and sautéed potatoes £18

Pan fried sea bass, mussels, clams, samphire, dressed chicory and shellfish mayonnaise £17.50

MUSE CLASSIC GRILL

Garlic & rosemary marinated char-grilled chicken with béarnaise sauce, skinny fries, shallot & parmesan salad - £14

Muse burger with gherkin & roast tomato salad, celeriac & bacon remoulade, char-grilled seeded gluten free bun, muse ketchup and skinny fries - £12

Italian burger, gorgonzola cheese, gherkin & roast tomato salad, celeriac & bacon remoulade, seeded gluten free bun, Muse ketchup and skinny fries - £13

Lamb burger, grilled gluten free bun, goats cheese, harrisa sour cream, gherkin & slow roasted tomato salad and skinny fries - £13

continental café

www.museyarm.com

Please note Allergen menu available upon request

An optional service charge of 10% will be added to all tables of 6 or more adults